

# SEXUAL ASSAULT AND RELATIONAL VIOLENCE PREVENTION: REQUEST A FACILITATOR

*Sisterhood, Safety & Support; My Sister, My Responsibility®*

Developed by Aaron Boe, Lead Curriculum Developer, Culture Strength

*Sisterhood, Safety & Support promotes the development of healthy relationships and supportive social environments for collegiate members. The workshop was created to engage our membership in conversations addressing sexual violence and personal and chapter safety. Through meaningful conversations on this topic, we are committed to leading this conversation and empowering students through strong education and support.*

**TIME** | 60 minutes

## **Objectives:**

- Identify characteristics of a good relationship.
- How to avoid bad relationships.
- Discuss sexual assault, specifically non-stranger sexual assault, in a different way.
- Connect sisterhood and chapter culture that is supportive and as healthy and empowering as it can be for every woman who is part of our sisterhood.

## **REQUESTING A WORKSHOP**

- This workshop is facilitated by a trained volunteer. To request the *Healthy Belonging* workshop, work with your Collegiate National Officer and go to Z-Learning > Collegiate Resources > *Healthy Belonging* or *Sisterhood, Safety, & Support Request Form*.

